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Library, Mangalore

08MBAHR344

Third Semester MBA Degree Examination, December 2010
Personal Growth and Interpersonal Effectiveness

Time: 3 hrs.

Max. Marks:100

**Note: Answer any FOUR full questions from O.No.1 to 7.
Q.No.8 is compulsory.**

- 1 a. What is the meaning of personal growth? (03 Marks)
b. What is the nature of attitude? How attitudes can be changed? Briefly explain. (07 Marks)
c. Explain the nature and scope of personal growth. (10 Marks)
- 2 a. Briefly explain the term personality. (03 Marks)
b. What is MBTI? Explain its use as personality inventory tool. (07 Marks)
c. State and explain the major personality attributes influencing organizational behaviour. (10 Marks)
- 3 a. What is motivation? (03 Marks)
b. Explain the Carl Jung's theory of personality types. (07 Marks)
c. What do you understand by "values"? Why is it important for personal growth? (10 Marks)
- 4 a. What is pedagogy and androgogy? (03 Marks)
b. Explain the importance of androgogy learning for today's adults. (07 Marks)
c. Define the different learning styles. How does it help in personality development? (10 Marks)
- 5 a. What is the meaning of personal change? (03 Marks)
b. What do you mean by social adjustments and habit formation? State how important the two are. (07 Marks)
c. Explain the seven habits of highly effective people. (10 Marks)
- 6 a. What is the emotional intelligence? (03 Marks)
b. Explain the different types of transactions and their implications in transactional analysis. (07 Marks)
c. Explain the Johari window. How does it help in discovering self and others? (10 Marks)
- 7 a. What do you mean by the interpersonal needs? (03 Marks)
b. When do we apply defence mechanism in groups? (07 Marks)
c. Explain the importance of T-group and sensitivity training in personal growth. (10 Marks)
- 8 You are given ten occupational choices. Fir each occupation, identify the personality types, using the Myers-Briggs type indicator (MBTI). Substantiate your answers.
i) Designers ii) Aeronautical engineers iii) Actors
iv) Company executives v) Doctors vi) Editors
vii) Reporters viii) Writers ix) Detectives
x) Supervisors (20 Marks)

Important Note : 1. On completing your answers, compulsorily draw diagonal cross lines on the remaining blank pages.
2. Any revealing of identification, appeal to evaluator and /or equations written eg, 42+8 = 50, will be treated as malpractice.

